

Jewel Heart Cleveland November 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 "Finding the Joy Within, Gelek Rimpoche will share Buddha's tools of compassion, live broadcast, 10/11am	2	3	4	5 Ganden Lha Gyema - begins Thurs , one of the most important practices, 8 week course \$80, free supporting members Led by Anne Warren and David 7to8:30pm	6	7 Our first GOM practice will offer the opportunity to do a full day of silent meditation in a peaceful forest setting, see more in news letter
8 Spiritual Bypassing - Aura Glaser Using spiritual practices on unresolved issues and basic human needs 10/11am	9	10	11 Four Noble Truths – begins insight into the main message of the Buddha: 7:00-8:30pm Inst. Susan Kirchner	12Ganden Lha Gyema, 7to830pm Vajrayogini Tsohs5to6:30 pm you must have had a Vajrayogini initiation to attend ,see news letter	13Gelek Rimpoche will conclude his teachings on Nyur Lam, the Swift Path, over three days with a live broadcast to cleve, 7- 930pm	14Gelek Rimpoche will conclude his teachings on Nyur Lam, the Swift Path, 10am-noon, 2-6 pm, 7:30-9 pm (bring brown bag) for dinner
15 Swift Path weekend teachings continue. The teachings will be live video broadcast to Jewel Heart cleve. 10am to2pm	16	17	18 Four Noble Truths 7:00-8:30pm. Instructor: Susan Kirchner Cost \$80 8 weeks; free to supporting members	19 Ganden Lha Gyema, one of the most important practices in our tradition, deepens the connection with the enlightened 7to830pm	20	21
22	23	24	25 Four Noble Truths 7:00-8:30pm. Instructor: Susan Kirchner 8 weeks;	26 Ganden Lha Gyema, 7 to830pm	27	28
29	30					