

Jewel Heart

Teaching Retreat

With

Gehlek Rimpoché

***conducted in English**

7th Dec 2007

7pm – 9.30pm

Public Lecture : Practising Compassion in Difficult Times

Gehlek Rimpoché will share with us some very useful advice on how we can use tools on Compassion to cope with the grim realities of modern life & also feelings that we are not in control of in our lives.....

8th & 9th Dec 2007

3pm – 8pm

Four-Armed Avalokiteshvara Initiation

An opportunity in the weekend to receive this initiation which will help deepen our practice & strengthen our connection with Avalokiteshvara.

10th - 13th Dec

2pm-5pm; 7pm-9pm

Teachings : Seven-Point Mind Training

With this insightful teaching Gehlek Rimpoché inspires us to try Buddha's methods of wisdom & compassion to cut through our true enemies – self grasping & self-cherishing.

All at

Cititel Hotel, Midvalley, Kuala Lumpur

Admission is free. Limited seats. Please register early.

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