

NEW DATES FOR JEWEL HEART SUMMER RETREAT with GELEK RIMPOCHE

The Jewel Heart Summer Retreat – Engaging Wisdom and Compassion – with Gelek Rimpoche has **a few changes that we are happy to announce**. Please read below –

DATES:

- **FRIDAY, JUNE 27 – FRIDAY, JULY 4**
- Registration opens Friday, June 27 at 2pm. Retreat begins Friday, June 27 at 7:30pm and closes Friday, July 4 at 1pm.
- Pre-register at registration@jewelheart.org or 734 994 3387 ext 223 by June 16

COSTS:

- **MEMBER - \$450**
- **NON-MEMBER \$525**
- **DAY: \$100** (While full attendance always brings maximum benefit, day rates are available)

SUBJECT MATTER: ENGAGING WISDOM AND COMPASSION

- With video excerpts of His Holiness' teachings in April, Gelek Rimpoche will revisit the essential points with further commentary to illuminate how these powerful teachings are accessible and can be integrated in our daily lives. Beneficial to newcomers and experienced practitioners alike.

MEALS:

- No meals provided.
- Restaurant discounts available.
- Bagels and snacks provided for morning period between meditation session and morning teachings.
- Coffee and tea throughout retreat

HOTELS:

- Please visit the Jewel Heart website under the Summer Retreat or contact registration@jewelheart.org for list of hotels

SANGHA LODGING:

- Please contact Whitney Begeman at wjb@umich.edu to request or volunteer sangha lodging by June 16.

TRANSPORTATION:

- For transportation options and details, please visit the Jewel Heart website under the Summer Retreat or contact Louis Daher at daher.louis@gmail.com or 734 674 8775 no later than June 23.

SCHEDULE:

- Mornings begin with White Tara practice followed by a bagel break.
- Morning and afternoon teachings with Gelek Rimpoche
- Afternoon discussion groups
- Afternoon open meditation/practice session
- Evening - Sangha time
 - Pot-luck and barbeque evenings, films, music/dancing, extracurricular activities
 - Stay tuned for more details about the evening activities.

Hotel Information for Summer Retreat 2008

Extended Stay Deluxe Detroit - Ann Arbor

3265 Boardwalk Dr.

Ann Arbor, MI 48108

Telephone: (734) 997-7623

Fax: (734) 997-7633

Special Jewel Heart Rates: \$54.99 per night single \$69.99 per night double

Call 734-997-7623 for reservations by June 13th

Code: Jewel Heart

Welcome to Extended Stay Deluxe Detroit - Ann Arbor. Our hotel is designed especially for longer stays with studios featuring fully-equipped kitchens and plenty of work space... amenities you won't find in a typical hotel room.

Kitchen with refrigerator, microwave, and stovetop

- Workspace with computer dataport
- Iron and full size ironing board
- On site guest laundry
- Dining and cooking utensils provided
- Wireless Internet - one time fee of \$4.99 per stay
- On site Fitness Facility
- Deluxe Coffee, fruit, and bagel breakfast Mon-Fri
- Pet Friendly Rooms

Four Points Sheraton

3200 Boardwalk St,

Ann Arbor, MI 48108

(734) 996-0600

Special Jewel Heart Rates: \$79.00 per night

Call: 734-996-0600 for reservations by June 13th

Or click here (or copy and paste into your browser) for online registration

<http://www.starwoodmeeting.com/StarGroupsWeb/res?id=0805197423&key=D47F9>

Code: JEWEL6

Amenities: Coffee Maker, Fitness Facility, Onsite Dining, Onsite Bar, Children Allowed, Has DataPorts, Meeting Rooms, Business Center, Hair Dryer, Onsite Car Rental

Hotel class: 3 Stars

http://maps.live.com/localsearch/details.aspx?lid=YN426x18868234&qt=yp&what=four+points+sheraton&where=Ann+Arbor%2c+MI&s_cid=ansPhBkYp02

Motel 6 Ann Arbor
3764 S State St
I-94 at exit #177, State St
Ann Arbor, MI, 48108
Phone: (734) 665-9900

Rates: from \$39.99 no special group discount
Within one mile of Jewel Heart

Coin Laundry
Outdoor Pool
Wireless Internet
Data Ports
Free Expanded Cable
Kids Free
Pets Allowed
Handicap accessible rooms
Non smoking rooms
Free morning coffee

http://www.motel6.com/reservations/motel_detail.aspx?num=1247&VID=&NOA=&aYr=&aMo=&aDa=&dYr=&dMo=&dDa=&CP=&TA=&BTR=

Rudolf Steiner House
1923 Geddes
Ann Arbor, MI 48105
662-9355

Vacancies currently only from July 1-6
\$30 per night single rooms with kitchen privileges

Link to other Ann Arbor area hotels, motels and bed and breakfasts:

http://annarbor.travelhero.com/index.cfm/country/US/state/MI/city/ANN_ARBOR/aid/225/index.html

Jewel Heart Tibetan Buddhist Center

Travel & Transportation

Jewel Heart is located at 1129 Oak Valley Drive, Ann Arbor, MI 48108, and is south of I-94 between State and Ann Arbor Saline roads, just north of Ellsworth.

By air:

- Detroit Metropolitan Airport (DTW), off I-94 in Romulus.

Ground Transportation:

- From the airport, a new bus service runs seven times a day between Ann Arbor and the airport. Visit www.michiganflyer.com for the schedule or call 1-888-643-5937.
- Some car services between the airport and Ann Arbor:
 - Select Ride 734-274-2075
 - Metro Cars 800-456-1701
 - A-Ameriride 866-500-7433
- Those wanting to share car rental rides, contact Louis Daher to assist matching interested parties at daher.louis@gmail.com or 734 674 8775 no later than June 23.

Transportation within Ann Arbor:

- During the retreat week, Jewel Heart offers pick-up and drop-off service from Four Points by Sheraton Hotel. Contact Louis Daher at daher.louis@gmail.com or 734 674 8775 no later than June 23.
- Some local taxi services:
 - Ann Arbor Taxi 734-741-9000
 - Ann Arbor Yellow Cab 734-663-3355
 - Aaron's Big House Taxi 734-761-1111