



ESSENCE OF TIBETAN BUDDHISM

FREE Weekly Teachings with
GELEK RIMPOCHE

Sundays from 10 – 11am

OPEN TO ALL

Go to www.jewelheart.org to open the link

These public teachings, scheduled throughout the year at Jewel Heart Ann Arbor, New York, Chicago, Cleveland, Netherlands, and more, **are also available as FREE LIVE VIDEO WEBCASTS.**

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GELEK RIMPOCHE, born in Lhasa, Tibet in 1939, was recognized as an incarnate lama at the age of four. Among the last generation of lamas educated in Drepung Monastery before the Communist Chinese invasion of Tibet, Gelek Rinpoche was forced to flee to India in 1959. He later edited and printed over 170 volumes of rare Tibetan manuscripts that would have otherwise been lost to humanity. He was Director of Tibet House in Delhi, India and a radio host at All India Radio. He conducted over 1000 interviews in compiling an oral history of the fall of Tibet. In the late 1970's Gelek Rinpoche was directed to teach Western students by his teachers, the Senior and Junior Masters to His Holiness the Dalai Lama. Since that time he has taught Buddhist practitioners around the world. His Collected Works now include over 40 transcripts of his teachings, numerous articles as well as the national bestseller Good Life, Good Death and the Tara Box: Rituals for Protection and Healing from the Female Buddha.

JEWEL HEART is dedicated to the preservation of Tibetan Buddhism and Tibetan culture, making the practices of this rich tradition accessible to all within the context of contemporary life. Gelek Rinpoche established his first Western teaching center in Nijmegen, Netherlands, in 1985. In 1988, Jewel Heart was founded as a non-profit organization in Ann Arbor, MI with chapters and study groups throughout the US, in Malaysia, Singapore, and the Netherlands. Affiliated with Nyare Khangtsen of Drepung Loseling Monastery, Jewel Heart carries on the living tradition of Tibetan Buddhism, with particular emphasis on the lineage of Je Tsong Khapa.

All Jewel Heart programs are generated under Gelek Rinpoche's guidance with teachings, retreats, study programs, guest speakers, digital dharma, and ritual ceremonies. All are supported by an extensive audio/video and transcript archives. Jewel Heart provides opportunities to study and learn at all levels of interest and connection, from introductory meditation and community outreach programs to in-depth study and vajrayana practice.

For information about the Jewel Heart study programs, we invite you to write programs@jewelheart.org or call 734 994 3387 extensions 221 or 224.

For more information on the Jewel Heart webcast subscription service with live video broadcasts and on demand re-broadcasts of Rinpoche's teachings, as well as the Jewel Heart website's downloadable recordings and transcripts of Rinpoche's teachings, we invite you to visit www.jewelheart.org/digital-dharma.

