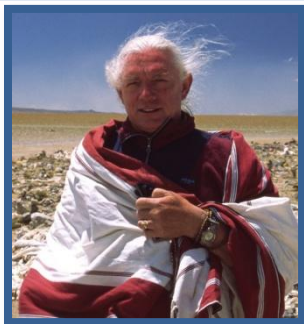


Teacher, Translator, Award winning Author and Himalayan Tour Guide
GLENN MULLIN VISITS JEWEL HEART ANN ARBOR



FRIDAY, FEBRUARY 3, 7 – 9pm

Tibetan Buddhism in the West:

ENLIGHTENMENT ON MAIN STREET

This talk looks at the unfolding of the enlightenment tradition as prophesied by Buddha himself, and at how you can be part of the fulfillment of that prophecy.

Suggested donation, \$10

SATURDAY, FEBRUARY 4, 10am – 12pm, 2 – 5pm

Chakchen De-nga

THE FIVE SIDES OF MAHAMUDRA TRAINING

Lama Tsongkhapa studied extensively in the Drikung Kargyu monastery. One of the many lineages he received is that known as *Chakchen De-nga*, or The Five Sides of Mahamudra.

Here "mahamudra" refers to the simultaneous experience of bliss and void; it also refers to "ordinary enlightenment," the special lineage of cultivating awareness of emptiness and seemingness in everyday activities.

The lineage went to his main disciples, and passed through the early Dalai and Panchen Lamas. The Gelukpa lineage of this unique Drikung formula for enlightenment has become less known in recent centuries, but is still alive and well.

Sliding scale, \$30 – 60.

Venue: JEWEL HEART • 1129 Oak Valley Drive, Ann Arbor, MI 48108

Pre-registration appreciated. Contact registration@jewelheart.org or 734 994 3387 x 223.

Glenn Mullin studied in Dharamsala continuously for 12 years, from 1972 to 1984, and then six months a year for the six years to follow. His main tantra teachers were Kyabje Ling Dorjechang and Kyabje Trijang Dorjechang. After their passing in the early 1980s, his root guru became Kyabje Denma Locho Rinpoche, the lama who raised Gelek Rinpoche. Glenn is the translator of more than a dozen Tibetan Buddhist classics, and the author of numerous books on Tibetan Buddhist art, history and culture. His "The Fourteen Dalai Lamas: A Sacred Legacy of Reincarnation" was nominated for the prestigious NAPRA award, and his book "The Female Buddhas" won Foreword Magazine's "Book of the Year Award."

He is the director and main meditation teacher of the Stone Lotus Tantra Buddhism center in Korea. He spends four months a year in Mongolia, and the remainder travelling and teaching Buddhism. He also leads pilgrimages to Tibet every spring.

ALSO – SUNDAY, FEBRUARY 5, 7:30 – 9pm

Public Talk with Glenn Mullin, "Sacred Sites of the Dalai Lamas"

Birmingham Unitarian Church, 38651 Woodward Avenue, Bloomfield Hills, MI 48304

Suggested donation \$10

6:30 – 7:30pm Reception preceding the talk