

Eight Mahayana Precepts

NAMO GURUBYAH	I take refuge in the Guru
NAMO BUDDHAYAH	I take refuge in the Buddha
NAMO DHARMAYAH	I take refuge in the Dharma
NAMO SANGHAYAH	I take refuge in the Sangha

Refuge and Bodhimind

SANG GYE CHÖ DANG TSOG KYI CHOG NAM LA
JANG CHUB BAR DU DAG NI KYAB SU CHI
DAG GI JIN SOG GYI PE SO NAM KYI
DRO LA PÄN CHIR SANG GYE DRUB PAR SHOG (3x)

I take refuge in Buddha, Dharma and Sangha
until I obtain Enlightenment.

By practicing generosity and the other perfections
may I be able to obtain Enlightenment, for the benefit of all sentient beings.(3x)

Invocation

MA LÜ SEM CHAN KUN JE GON JUR CHING
DÜ DHE PUNG GYE ME ZÄ JOM ZÄ LHA
NGÖ NAM MA LÜ YANG DHAH KEN JUR PÄ
CHOM DHAN KHOR CHÄ NÄ DHER SHEG SU SOL

You who destroy all evil forces
And who knows all things perfectly
For the sake of all beings
Please come to me

Seven Practices

I bow down in body, speech and mind.
I offer the best I have to give
both real and imagined
to fill the space between us.
I regret and purify all transgressions.
I rejoice in all virtues.
I request you to remain until total enlightenment.
I request wise and compassionate guidance.
I dedicate my merit for the sake of all beings.

Mandala Offering

SA ZHI PÖ KYI JUG SHING ME TOG TRAM
RI RAB LING ZHI NYI DÄ GYÄN PA DI
SANG GYE ZHING DU MIG TE UL WA YI
DRO KÜN NAM DAG ZHING LA CHÖ PAR SHOG

By directing to the Fields of Buddhas
this offering of a mandala built on a base
resplendent with flowers, saffron water and incense

adorned with Mount Meru and the four continents
as well as with the sun and the moon
may all sentient beings be led to these fields.

IDAM GURU RATNA MANDALA KAM NIR YATA YAMI

Precept Ritual

All the Buddhas and Bodhisattvas of the ten directions, with your divine wisdom, please pay attention to me. As the previous Tathagatas, the Arhats, the fully enlightened Buddhas, like a divine, skillful, wise horse, like a great elephant, did what had to be done, accomplished all tasks, overcame the burden of the five aggregates controlled by delusions and karma, fulfilled all their aspirations by relinquishing their attachments, by speaking immaculately divine words and by liberating the minds of all from the bondage of subtle delusions' impression, and who possess great liberated transcendental wisdom, for the sake of all that lives in order to benefit all, in order to prevent famine, in order to prevent mental and physical sickness, in order for living beings to complete the 37 dharmas of enlightenment, and achieve the state of fully completed Buddhahood, I whose name is _____ from now until sunrise tomorrow, will take the eight Mahayana precepts, just as you have done.

From now on I shall not kill, nor steal others' possessions, nor engage in sexual conduct, nor lie. I shall avoid intoxicants from which many mistakes arise. I shall not sit on large, expensive beds, I shall not eat food at the wrong time. I shall avoid (unnecessary) singing, dancing playing music, and I shall not wear perfumes, rosaries or ornaments. As Arhats have avoided wrong actions such as taking the lives of others, I shall also avoid such actions as taking the lives of others. May I quickly receive Enlightenment and may the living beings who are experiencing the various sufferings be released from the ocean of samsara.

Mantra Recitation

OM AMOGA SHILA SAMBHARA BHARA BHARA MAHA SHUDDHA SATO PEMA BIBHUKETA
BHUZA DHARA DHARA SAMANTA AVALOKITE HUNG PE SOHA

May the paramita of moral conduct be completed by keeping the law of moral conduct purely and untainted by pride.

May I receive the Bodhicitta that has not yet been received and may the Bodhicitta that has been received be increased.

Due to the merit of taking ordination and keeping the precepts, may I and all sentient beings achieve the two enlightened holy bodies (rupa and dharmakaya) which are created by the accumulation of fortune and transcendental wisdom.

The noble Jampäl has completely destroyed wrong conception of self-existence, is brave in working for sentient beings and realized absolute nature as it is. The noble bodhisattva Kuntu Zang Po is skilful in the way of dedicating merit for enlightenment by possessing, as bodhisattva Jampäl, the non-superstitious wisdom realizing the emptiness of the three circles as it is. With the wish to follow the path as did those sublime Bodhisattvas, I will dedicate all merits I receive by making this prayer of noble action.