



JEWEL HEART COVID GUIDELINES & POLICIES

Amended September 12, 2022

These updated COVID policies are implemented by Jewel Heart because providing a safe environment for in-person attendance is our top priority.

In-person attendance at Jewel Heart

- Masks of choice are required while on the premises of Jewel Heart regardless of **whether or not you are vaccinated**. KN95 masks are preferred and available at the center.
- Weather permitting, discussion groups will be held outside and will move to the indoor cafe during inclement weather.
- If you are experiencing any symptoms of cold or illness, please stay home and participate on-line.
- Jewel Heart reserves the right to modify these policies as needed.

By my presence at the Jewel Heart Center, I confirm the following:

- Currently and/or in the past 10 days I have not:
 - Had a fever of 100.4 or higher.
 - Had a headache, sore throat, cough, and/or nasal congestion
 - Experienced shortness of breath or difficulty breathing, chills, body aches and pain, loss of taste or smell, etc.
 - Been in close contact with anyone who has tested positive or had Covid-19 symptoms in the past 10 days
 - Been diagnosed and/or tested positive with COVID
- If at any point I develop any COVID symptoms listed above, learn I have COVID, or believe that I have been exposed to COVID:
 - I will leave Jewel Heart immediately or, at the time I learn this, I will not come in person to Jewel Heart.
 - I will immediately notify Jewel Heart of my exposure and/or diagnosis.
 - I will not return to Jewel Heart until testing negative.

Jewel Heart's Full Discretion:

I understand Jewel Heart also reserves the right to ask anyone not following these policies and procedures to leave immediately and I agree to this.

Assumption of Risk:

I understand Jewel Heart is relying on the good faith of attendees regarding the confirmations/certifications noted above and I assume all risk of getting sick with Covid-19 or variants and the ramifications, up to and possibly including death, in attending Jewel Heart programs onsite. I am attending the Program voluntarily, fully aware of and at my own risk.