



JEWEL HEART COVID GUIDELINES & POLICIES

Amended April 25, 2023

These updated COVID policies are implemented by Jewel Heart because providing a safe environment for in-person attendance is our top priority.

As virus infections are now hovering in the lower ranges, masking is no longer required.

We do ask that, for the benefit of others, if you are feeling ill or have any type of contagious cold or virus or other infection that you please remain home.

If COVID or Flu conditions in the area are reported to be elevated to "medium" or above, we may institute a masking requirement at that time.

People who are infected but asymptomatic or people with mild COVID-19 should isolate through at least day 5 (Day 0 is the day symptoms appeared or the date the specimen was collected for the positive test for people who are asymptomatic). They should wear a mask through day 10. A [test-based strategy](#) may be used to remove a mask sooner. If your symptoms were moderate to severe, isolate through day 10. If your illness was severe you may need to consult a doctor before ending isolation.

Jewel Heart's Full Discretion:

I understand Jewel Heart also reserves the right to ask anyone not following these policies and procedures to leave immediately and I agree to this.

Assumption of Risk:

I understand Jewel Heart is relying on the good faith of attendees regarding the confirmations/certifications noted above and I assume all risk of getting sick with Covid-19 or variants and the ramifications, up to and possibly including death, in attending Jewel Heart programs onsite. I am attending the Program voluntarily, fully aware of and at my own risk.